

ADULT



jane franklin dance
movement • sound • art

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Jane Franklin Dance engages adults with:

- on site workshops at community centers
- a process to explore past experience or relevant concerns of the group
- personal enrichment for all levels of physical facility
- inclusive performances

PERFORMANCE

Forty+ is a group of performers past the age of 40.

Varied repertory is generated by multiple choreographers resulting in endless performance possibilities. Jane Franklin Dance combines with *Forty+* to reminisce in the inter-generational "Shorthanded," a performance that revisits technology pushed away over time: cassette tapes, VHS, paper dolls, IBM 3033, and other blips on the relentless march of cultural change.

WORKSHOPS FOR OLDER ADULTS

A blend of directed movement and social dance, workshops incorporate a music playlist of lively oldies, Latin rhythms and popular tunes. The physical benefits are undeniable. Dance uses the whole body and offers a heart healthy workout.

TECHNIQUE

Dance technique integrates and refines movement. Improve balance, range of motion, strength and expressive potential. Learn performance techniques, build movement quality, explore and generate collaborative creative content

..conclusive proof that compelling art can be developed with community participation."

-Nicole DeWald

Arts Coordinator City of Greenbelt MD

Jane Franklin is the recipient of the American Association of University Women Elizabeth Campbell Award for the Advancement of the Arts in Arlington.