

# JANEFRANKLINDANCE

## Jane Franklin Dance

Express yourself and find your passion in the performing arts. Classes encourage group participation, imagination, and give a “team” experience to the creative learner. Classes explore basic dance concepts to increase flexibility, coordination and strength. With guidance from instructors, students create roles for dances that are performed by the end of the week.

Fees: \$250

AM Extended Hours \$50

PM Extended Hours \$75

Location: 3700 S Four Mile Run Drive, dance studio #129 – Room # 154 – Studio 174

## JFD The Big Meow - Ages 5-7, Session 4 – July 16 - 20

8:00 – 8:55am	<i>Early Care</i>
9:00 – 10:00am	1 <sup>st</sup> Class (Stretch & Conditioning)
10:00 – 10:20am	<b>SNACK BREAK*</b>
10:25 – 11:10am	2 <sup>nd</sup> Class (Modern Dance)
11:20 – 12:20pm	Visual Art
12:30 – 1:30pm	<b>LUNCH</b>
1:15 – 2:00pm	Reading "The Big Meow" and others
2:10 – 3:00pm	3 <sup>rd</sup> Class (Performance Preparation Rehearsal)
3:00 – 3:15pm	<b>SNACK BREAK*</b>
3:15 – 4:00pm	3 <sup>rd</sup> Class ( <i>Continued Performance Prep, Games, Cool Down</i> )
4:00 – 6:00pm	<i>Extended Day</i>

\*Snack breaks may be adjusted in time allowance due to campers' needs

## *Class Descriptions*

**Stretch & Conditioning** - A great way to warm up the body for daily activities! Dancers will stretch and strengthen their muscles as they get into the swing of the class.

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**Modern Dance** – This class introduces movement exercises that develop strength, flexibility, coordination, balance, and body awareness. These concepts are applied to phrases of movement and to improvisational exercises. Dancers explore how movement is used to express an idea.

**Dance Making** - Creative problem solving to build expressive movement and physical story-telling

**Performance** – Dancers learn choreography directed by the instructor, and help to create choreography to express the theme.

**Visual Arts & Poetry Writing** – Students express themselves through the visual arts or incorporate their literary talents as writers or poets.

**Reading Time** – As a group we will read the children's books *The Mouse of Amherst* and *The Big Meow* and others.  
A purchase of the books IS NOT necessary.